

My Writing Career

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My writing career began at the end of 1978, when I was recovering from a major mental breakdown the previous year, when working as a first-line systems engineering manager in an IBM branch sales office. The first piece I wrote was a study of some of the major in-house timesharing systems in the UK, both in IBM's large customers and in IBM itself. This was well received by both corporate and European headquarters in New York and Paris, for I was giving them direct evidence from the field that they needed to promote their product and marketing strategies, which were not understood by myopic executive management, leading to IBM making the largest loss in US corporate history in 1992 at that time. Essentially, this survey provided clear evidence to the company that the way forward for the industry was to provide non-expert users with interactive access to integrated enterprise databases through timesharing facilities in what were becoming known as decision support systems and personal computing, managed by a support group, generically called the 'Information Centre'. This document was 'IBM Confidential' and I did not keep a copy.

The following year, I moved to UK cross-industry marketing to promote the principle of the Information Centre supporting 'end-users' doing their own personal computing and developing decision support systems. Being able to see the big picture, I set out to write a comprehensive *Information Centre Guide*, which was supported by presentations given in both the UK and at IBM's European Education Centre south of Brussels. The following year, I transferred to the Information Systems Support Centre (ISSC), which unusually had a five-year outlook, to promote decision support systems, even though IBM's products fell far short of customer needs in this respect. The *Information Centre Guide* then evolved into *Decision Support Systems: A Systems Perspective*. I still have draft copies of all these documents.

It was through these writings that I discovered that I had the ability to express complex subjects in a clear, well-structured manner, receiving positive feedback from my colleagues to this effect. However, at customer executive seminars, I was being asked about the long-term psychological and economic consequences of business's growing dependency on information technology. I did not have the answers to these questions, particularly about the employment prospects, skills profiles, and the quality of life in the workplace, and so I set out to explore these social issues in secret. Secrecy was essential because to answer IBM's customers' questions I needed to question the basic assumptions of both capitalism and communism, potentially threatening to my managers' sense of identity and security. Most particularly, I needed to question the beliefs that technological development can drive economic growth indefinitely and that our business affairs could only be managed effectively on a life-denying materialistic, mechanistic, and monetary work ethic, inhibiting us from realizing our fullest potential as human beings.

To investigate these vitally important social questions, in the winter of 1979-80, I set out to model computer programming, personal computing, decision support systems, and the process of developing such comprehensive, all-inclusive enterprise models in the process-entity matrices of IBM's Business Systems Planning (BSP) being promoted by my colleagues in the ISSC. This led me to see on 27th April 1980, in a life-changing eureka moment, that we scientists and technologists are driving the pace of social change exponentially because of our mental energies, aided and abetted by the corresponding structures in computers. In a state of great excitement at having found the key that would unlock all the secrets of the Universe, which had puzzled me since I was

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eight years of age, I set out to develop a new cosmology of cosmologies that would integrate the nonphysical, psychospiritual energies that I had ‘discovered’ with the physical energies that I had learnt about at school. I realized immediately that this synthesis would be the solution to the problem that Einstein had spent the last 30 years of his life trying to solve, quite a daunting task. Nevertheless, I was well aware that I had much unfulfilled potential within me, so felt ready for this immense challenge.

At first, I thought about doing this research work within IBM. After all, IBM was, and still is, one of the major players in the Information Society and so surely must take responsibility for the consequences of its actions. To this end, I wrote an initial paper explaining my intentions, showing it to one or two close colleagues, who clearly could not understand what I was saying. (Even today, almost no one on Earth seems to understand this business modelling and management problem, described in the Introduction to *Integral Relational Logic*.) So, on 16th May, three weeks later, I resigned from IBM and set out to develop a synthesis of all knowledge on my own. I attempted to start afresh at the very beginning with the propositional calculus that I had learnt as a mathematics undergraduate at university. But I could not create asymmetry from symmetry, so gave up this approach. Sadly, I did not keep these two initial papers, which would have shown the initial conception of what were to become Integral Relational Logic (IRL) and the Unified Relationships Theory (URT), the solution to the ultimate problem in science and human learning.

However, I do have almost all my writings since then, since 1983 on my computer in one form or another. The pieces in red in the table below could be scanned and converted using OCR into editable documents. This first table lists my writings from 1980 to 1988. Sadly, the hardcopy of 18 is missing. This was a booklet, bound in pink, of which 400 copies were printed, perhaps a half being distributed. I worked on this proposal with Berit, a meditation teacher and social activist, who I had met at The Other Economic Summit (TOES) in London 1985 and who I married at midsummer 1986 in Oslo City Hall. We then spent two fruitless years in the UK trying to promote this Institute, whose motto was ‘Serving the Whole’.

No.	Title	# pages	Date
1	The Nature of Data	11	May 1980
1A	The Nature of Data (sent to British Computer Society)	11	June 1980
2	Decision Support Systems: An Information Systems Perspective	12	June 1980
3	The Future of Computers and Society	77	October 1980
4	The Information Society: Working Paper	97	Summer 1981
5	The Information Society: Synopsis	27	Summer 1981
5A	The Information Society: Background Notes	14	Summer 1981
5B	The Information Society: Plan of Work	16	Summer 1981
6	The Thoughtful Society (1st attempt to write magnum opus, unfinished)	219	Spring 1983
7	The Thoughtful Society: Addendum	18	Autumn 1983
8	The Thoughtful Society: The Problems and Ethics of Communicating my Universal System of Coherent Thought (for David Bohm)	52	December 1983
9	The Thoughtful Society: Synopsis and Plan (for James Robertson)	60	April 1984
10	The Thoughtful Society: A Personal View of the Future of Man	129	March 1985
11A	Living with High Technology: An Information Systems Perspective	2	Summer 1985
11B	Implicate Relational Logic: A Holistic Approach to the Foundations of Mathematics and Science	2	Summer 1985
12	The Paragonian Institute: Statement of Intent	4	Summer 1985
12A	The Paragonian Institute: Objects	1	Summer 1985
13	Review of <i>A Reason to Hope</i> for Teilhard Review	5	Autumn 1985
14	The Paragonian Institute: Prospectus, 1986–90	28	January 1986
15	Letter to James Robertson	6	February 1986
16	Letter to Margaret Chisman	18	February 1986
17	Implicate Relational Logic: An Integrative Hermeneutic Framework for All Human Knowledge	6	Winter 1986
18	The Paragonian Institute: Prospectus, 1987–91	56	January 1987
19	Serving the Whole: Newsletter of the Paragonian Institute, No. 1	8	June 1987
20	Serving the Whole: Newsletter of the Paragonian Institute, No. 2	8	March 1988

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However, the Paragonian Institute did not take off. So realizing that I was beginning to solve the business modelling and management problem that I had wrestled with in the winter of 1979-80 and needing a job, I set out in the autumn of 1989, after Berit and I had returned to Norway, to present IRL as Dynamic Data Modelling (DDM), changed to Dynamic Conceptual Modelling (DCM), when I rejoined IBM in Stockholm in January 1990. However, I made little progress with IBM because having spent some ten years away from the forefront of the computer revolution, I was not up to date with the latest developments in object-oriented modelling and programming.

So my time at IBM in a software development laboratory in the 1990s gave me the opportunity to express IRL, not only in terms of Ted Codd's relational model of data, which I had discovered in 1972, when designing and marketing advanced database systems in an IBM branch office, but also in terms of the class-object structure of these object-oriented techniques. Working on the LanguageAccess product also gave me direct insight into IBM's attempts to convert natural language questions into SQL statements, the primary language for querying relational databases, key to my researches into the essential difference between human beings and machines, like computers.

Sadly, however, the frustrations of working at IBM led Berit to leave me in 1992, which led Karin Liungman, my new girlfriend, active in the Swedish 'New Thinkers Association', to encourage me to go out to the world. So I set out to present IRL as a science of consciousness called collumination, a change from the initial word that I had coined in 1983 within David Bohm's rheomode or flowing mode of language. Collumination is also a form of meditation, not unlike Vipassana or Insight Meditation, where the focus of attention is not on the breath but on watching concepts arise directly from our Divine Source with self-reflective Intelligence.

Here is a list of writings between 1989 and 1997, the ones in red seem to be in hardcopy only, as I cannot find them on my computer.

No.	Title	# pages	Date
1	Dynamic Conceptual Modelling	16	Autumn 1989
2	Dynamic Conceptual Modelling: An Integrated Approach to Scientific Inquiry	24	June 1990
3	Collumination	57	August 1990
4	Dynamic Conceptual Modelling: An Integrated Approach to Systems Design	88	October 1990
5	Collumination: A New Science of Consciousness: IBM Management Summary	24	August 1991
6	LanguageAccess Terminology: Conceptual Modelling Conceptual Modelling	18	October 1991
7	Collumination: The Coherent Light of Consciousness	94	February 1992
8	Living with Change	2	June 1992
9	Collumination: The Coherent Light of Consciousness Synopsis of Book	29	August 1992
10	Collumination: The Coherent Light of Consciousness Plan of Work	10	September 1992
11	Collumination: The Coherent Light of Consciousness Plan of Work	12	October 1992
12	Collumination: The Coherent Light of Consciousness Preliminary Draft	322	October 1992
13	Collumination: The Coherent Light of Consciousness Preface and Overview	116	September 1993
14	The Awakening of Consciousness	66	May 1994
15	The Power of Life	3	Summer 1995
16	Relational Logic: A Method of Organizing All Knowledge into a Coherent Whole	75	September 1995
17	Freedom from the Past: Living Consciously in a Rapidly Changing World	28	September 1995
18	Collumination: The Coherent Light of Consciousness	1	Autumn 1996

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Even though there was a growing interest in consciousness studies in the mid 1990s, with the launch of *The Journal of Consciousness Studies*, for instance, I received little positive feedback to the thesis that collumination is the science of consciousness that many are seeking today. So after receiving early retirement from IBM in 1997 and after my sister's death in January 1998, my top priority for a year or two was studying my family history, which I had begun in 1969 when working for IBM in the City of London, shortly before my daughter Hermione's birth.

I wanted to find out more about the psychological and social influences on my parents' development and on their ancestors' development, going back as far as was necessary, clearing up the confusions that often are passed on in families. Like many family historians, I found this exercise addictive, only coming to a stop when the records no longer existed, were damaged, or required an expert to read, mostly in the 1700s, a long way short of the one billion years of sexual reproduction on this planet. Such studies are great fun, following up clues and patterns, like a detective mystery, so that an overall picture emerges. It is exactly the same approach that I have used in solving the ultimate problem in science.

I was also greatly helped here by working for Front Capital Systems in Stockholm's World Trade Center as a computer consultant for five three-month periods between 1999 and 2004. This gave me some insight into the algorithms used by hedging fund managers working with financial instruments like derivatives and exotic options. For myself, I worked primarily with the data and class models that underlay the very complex product, the most advanced I ever worked with. But no one at Front could see that these semantic models, which are a direct representation of IRL in business terms, bore a primary-secondary relationship to the financial algorithms. Few seem to know that you cannot form the concept of number, the basic concept in mathematics, until the concept of set is formed. This is the basic semantic concept, the key to pattern recognition, as the new maths for young children in the 1960s recognized, later abandoned to meet business's quantitative needs.

Having retired from IBM, and with the expansion of the Internet, I also began to go out to the world by developing a website with the title *Returning Home to Wholeness* on Algonet, a Swedish ISP. Although the website was not oriented around a resurrected Paragonian Institute, setting up this living organism was a key objective. It was during this time that I coined the word *omniology* as the discipline that unifies all other disciplines.

I also joined the Scientific and Medical Network (SMN) in the UK in 2000 and began giving presentations and writing articles for them. It was while giving a talk to the SMN continental meeting in Växjö in the spring of 2000 that I saw Nick Hoggard, a former student at Holma College of Holistic Studies, present an exponential model of evolution, which I had been searching for for twenty years, a major breakthrough. This was a soundly based scientific model that had evolved from Carl Johan Calleman's mapping of the Mayan calendar, which is uniquely exponential, to some major evolutionary points. I have presented this model in all my writings ever since, but no one seems to be interested in a thoroughly researched scientific explanation of why evolution is currently passing through the momentous turning point in its fourteen billion-year history.

The first five years after retirement from IBM also had a profound effect on my spiritual awakening, not the least because I had enough money from my IBM pension to live on, supplemented by receiving a tiny fraction of the trillions of dollars sloshing around the financial markets everyday from my work at Front. Most significantly, during the first few years of this century, I experienced a series of mind-blowing satoris in the mountains and forests of Norway and Sweden, in Zen terms. Although I had been having overwhelming mystical experiences since 1982, when I consciously reached the Omega point of evolution, for the first time I knew from first-hand experience what it meant to be completely free of the sense of a separate self as a genuine mystic.

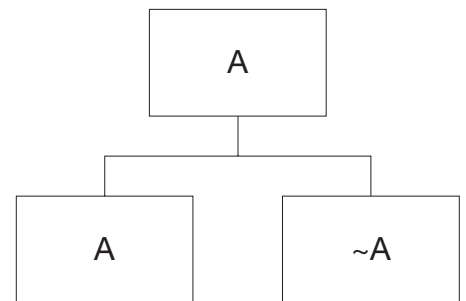
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These liberating, cathartic experiences were naturally life-changing, inevitably affecting my writing and every other aspect of my life. For I saw writing as a form of communication, both to myself through time, and to my fellow human beings across space and time. But as a scientific mystic living in Wholeness, how could I establish an identity in the world? Since the early 1980s, I had been calling myself a maverick, someone who is unlabelled. Coining the word *omniology* was an attempt to give myself an identity in the world. But this didn't work because some creationists had claimed the word with a quite different meaning. So I changed this to *panosophy*, meaning with slightly different spellings since 1642: "Universal or cyclopædic knowledge; a scheme or cyclopædic work embracing the whole body of human knowledge". Perhaps I could go out to the world as a panosopher.

The psychological implications of being a panosopher were also liberating, even if no one yet knew what I meant by the word. Since the day I had been born, I had learnt that in order to receive people's love, beginning with my mother, I had to please them. On the other hand, in order to make sense of the world I live in, since I was eight years of age, I had been questioning everything, like Socrates before me, not very popular to democracies, as Socrates found to his cost. So throughout my life, I had been living in a state of tension, which had continued even when setting out in 1980 to explain why the pace of change in society is accelerating exponentially.

So I felt that these wonderful spiritual awakenings were the opportunity to break completely free from the past. For the previous two decades, I had been attempting to communicate what were to become IRL and the URT within the framework of Western civilization. But, I was now well aware that the worldview that I was endeavouring to communicate was essentially Eastern, not Western, even though I had never been to India, and I still haven't. The East is within me, for the East, like the indigenous peoples, is the most natural half of the world. There is no civilization in the history of humanity further removed from Reality than Western civilization.

But this did not mean that I had become a man of the East, to the exclusion of Western science and business, like traditional mystics. For ever since midsummer 1980, my entire life had been consciously guided by the Principle of Unity, expressible in just seven words—*Wholeness is the union of all opposites*—or six mathematical symbols— $W = A \cup \sim A$ —or this simple diagram. However, this spiritual awakening did give me a new challenge: what is the relationship between me, as Wholeness, and Paul, as a human being functioning in the world of form?



In October 1983, I had formed the concept of the Absolute in exactly the same way as I form every other concept: by carefully examining the similarities and differences in the data patterns of my experience. So, cognitively, at least, the incompatible contextual concepts of God and Universe had become unified in Wholeness. But now, standing on the summit of a Norwegian mountain and getting soaking wet in a Swedish forest, I had direct, experiential evidence of Wholeness, where the tears poured out profusely. As one of my correspondents—a Christian priest in England—later pointed out to me, God had become a scientific concept. But did that mean that I could say, "I am God," like Nisargadatta Maharaj saying "I am That," in a book with this title?

I was very hesitant to do so, for my life experience in the West had shown me that making such statements is the biggest taboo in society today. For the belief that we are separate from the Divine, Nature, and each other lies deep in the collective subconscious, leading to what I call today the seven pillars of unwisdom. So as I was not yet totally free of these introjected, inhibiting beliefs, I could not write directly from my heart. Doing so has been a gradual process over the last nine years, perhaps the toughest period in my life, as I moved further and further away from the rest of the human race the closer I came to Wholeness and the Truth.

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One damaging effect of these inhibitions has been to present my writings in a historical context, even though what I have to say is unprecedented in the entire history of human learning. For instance, my first book *The Paragonian Manifesto: Revealing the Coherent Light of Consciousness* was written as a spiritual replacement for *The Communist Manifesto*, written by Karl Marx and Friedrich Engels in 1848. And I have subtitled my magnum opus *Wholeness: The Union of All Opposites as Semantic Principles of Natural Philosophy* because I see it completing today's scientific revolution, just as Newton's *Mathematical Principles of Natural Philosophy* completed the Copernican/Keplerian revolution in 1687.

However, such comparisons are a violation of Wholeness, grossly distorting the central message, which is that the True Nature of all of us is Wholeness. And in Wholeness, there is no other. Using the metaphor of the Ocean of Consciousness for Wholeness, we are all the entire Ocean, a timeless generalization of the holomovement, an undivided flowing stream, with which David Bohm unified the incompatibilities between quantum and relativity theories. And in terms of the brilliant Light of Consciousness, we are all the Inner Sun of the Universe, for there is only one Sun and we are all That. When all the clouds of unknowing and forgetting are dispersed, the entire planet will be embraced in the most amazing radiance, only visible from Inner Space.

During the past nine years, one other major factor has affected all my writings. I learned almost nothing at school and university because what I was being taught in religion, science, and economics made no sense. It is only when we recognize Wholeness as the transcultural, transdisciplinary Cosmic Context for all our lives that we can begin to make sense of ourselves and the world we live in. So much of my writing over the years has been focused on rebuilding the entire world of learning on the seven pillars of wisdom, great fun, discovering what my teachers were unable to tell me as a child and adolescent. Hopefully, one day, we shall be able to set up an educational system based on Wholeness and the Truth. However, integrating all knowledge into a coherent whole is a never-ending learning process. So it is not really possible to say when it might be complete.

But this doesn't really matter. Soon after I met Ingemar Warnström, the founder of the Holma College of Holistic Studies, at the SMN Annual Gathering in Norrköping in Sweden in 2002, he asked me when my 800-page magnum opus would be finished. Looking deeply into myself, I realized that the essence of what I have to say could be expressed in just five pages, which I then reduced to five sentences. Since then, I have learnt to express Wholeness in many one and two-page essays, each starting at the Origin of the Universe, not where people might think they are today.

This was a major weakness of my first book. Because I wanted to focus attention on the need to work harmoniously together with a common vision to resolve the great economic crisis we face today, I did not mention the seed that gives rise to everything else until page 77, half way through. After this, I reorganized my magnum opus, putting first things first. So Part I is called 'Integral Relational Logic', the context, framework, and foundation of everything that follows, the most powerful system of thought possible, for it describes how we all form concepts and organize our ideas. I am now working on dividing *Wholeness* into three volumes, publishing the first as *Integral Relational Logic: The Universal Science and Art of Thought and Consciousness*.

One other major influence on all my writing during the last eight years is that since March 2003 I have been living in a community, initially called *Alternativbyn* 'The Alternative Village', in western Sweden with spiritual and ecological aspirations. It has not been easy, because we all carry our collective, cultural, and personal conditioning into such communities, which are still required to obey the divisive and limiting economic laws of the prevailing culture. So some of my writing during this time has been an effort to bring some clarity and peace to what has, at times, been a most confused and conflict-ridden situation. Nevertheless, underlying all this turmoil there has

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been a warm sense of love and cooperation, much influenced by the ethos of the New Age movement.

During this period, I have worked on three books, the one on *Wholeness* really being a trilogy. My friends and neighbours encouraged me to write my first book. I published this myself, financing it from the sale of my apartment in Stockholm and from my fees as a computer consultant at Front. 2,000 copies were printed, but barely a handful was sold. Although it was great fun to write, it was clearly not the right time for such an iconoclastic book to be published.

Apart from *Wholeness*, the other book I worked on was my autobiography, intended as empirical evidence for the scientific treatise that I was presenting. I began my own journey of self-discovery in 1974, when I was appointed a manager in an IBM sales office in London. My purpose was as much to discover why people in general behave in the way that they do as to find out why I do. Maslow's hierarchy of needs and the Parent-Adult-Child model of relationships of Eric Berne and Thomas A. Harris were the initial inspiration. In the following years, I wrote much in trying to answer the question "Who am I?" by following the ancient motto "Know thyself." I destroyed most of these writings long ago, for they make very painful reading, as I have brought my personal, cultural, and collective conditioning into the brilliant light of consciousness so that it could be burnt up.

Nevertheless, I felt the need to write as objective a description of my life experiences as possible, which I did in 2002 and 2003. I then revised this book somewhat in 2008, bringing it up to date with my latest insights, much influenced by Joseph Campbell's *The Hero with a Thousand Faces*. For Campbell's three-stage, seventeen-step programme of the spiritual journey closely matches my own. But whether this autobiography should ever be published, I really don't know. If anyone is interested in my journey through life, I feel that it would be better if someone would write a biography, using what I have written as a starting point.

Be that as it may, here is a list of the books I have been working on this century:

ISBN	Title	Date	Pages	Size
91-975176-0-7	<i>The Paragonian Manifesto: Revealing the Coherent Light of Consciousness</i>	Dec 2004	156	Small book
91-975176-1-5	<i>Wholeness: The Union of All Opposites Semantic Principles of Natural Philosophy</i>	Current	600+	A4
91-975176-2-3	<i>Integral Relational Logic</i>	Nov 2010	118	A4
91-975176-3-1	<i>The Unified Relationships Theory</i>	Current	118	A4
91-975176-4-X	<i>Returning Home to Paradise</i>	Current	224	A4
91-975176-5-8	<i>Healing the Mind in Wholeness: A Brief History of Me</i>	July 2008	132	A4

Apart from these books, I have also written many other documents since taking early retirement from IBM in 1997. As already mentioned, for the first couple of years, the main focus of my attention was on family history, a fascinating, time-consuming exercise, only of interest to my relatives, of course.

While there has been a general direction behind all these writings, many arose spontaneously in the moment as I wrote what was most pressing for me at the time. So taken collectively, they do not form a coherent whole. Some have been posted on the Internet, where there are also many pages written specifically for the Web. The aim now is to bring all my writings to the same level of clarity and consistency, hopefully with one or more assistants willing to help me with this huge task, focusing attention on different distribution channels, but always with the same focus on the Big Picture, beyond the borders that we so often erect around ourselves and our cultures, disciplines, and occupations.

Of course, words are not the only means of communication. Multimedia presentations are also most powerful, not the least on DVD or transmitted on television channels. To this end, in 2006, I drafted a 13-part television series on 'Our Evolutionary Story', inspired by David Attenborough's fascinating 'Life on Earth' series broadcast by the BBC in 1979, which was the trigger that began

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my researches into the root causes of the accelerating pace of change we are experiencing today. Such a series would be incredible fun to make, a suitable fulfilment of my life's work if Life intends this to happen.

Here, then, is a chronological list of all the writings that I can find at the moment from the past dozen years. This first table covers the period from 1999 to 2002. In September 2002, my magnum opus, called *Omniology*, included my autobiography, because at that time I felt the need to present the experiential evidence for the scientific treatise that I was presenting first. Part II, called 'Our Changing World', focused attention on the Information Society we live in today, giving the background to the entire work. So the actual beginning of the treatise did not begin until Part III, called 'Relational Logic', not very sensible. Part IV, called 'Homeward Bound', was then a tentative attempt to describe our evolutionary past and future. The content thus reflected where my consciousness had reached during the 1990s, still requiring much work to bring it up to date. At the time, I was still working with Adobe FrameMaker on Mac OS 9, which I then had to abandon because Adobe did not update FrameMaker to Mac OS X. It then consisted of about 600 large book-size pages.

No.	Title	# pages	Date
1	Uncovering the Innocence of Consciousness by Starting Afresh at the Very Beginning (text from website)	12	November 1999
2	Starting Afresh at the Very Beginning (intro to SMN talk at Växjö)	1	Spring 2000
3	Returning Home to Wholeness by Starting Afresh at the Very Beginning (SMN talk)	13 slides	Spring 2000
4	Omniology: Starting Afresh at the Very Beginning Synopsis for magnum opus	14	July 2000
5	A Brief History of Me: An Inner Journey Synopsis for autobiography	14	July 2000
6	The Paragonian Institute: Being Natural Draft Proposal & Introduction	31	July 2000
7	Towards a University of Spirit in UK, note on objectives	2	July 2000
8	Returning Home to Wholeness by Starting Afresh at the Very Beginning Revised synopsis for book + text from website	16 +18	September 2000
9	Science, Consciousness, and Ultimate Reality, flyer for SMN conference	2	July 2002
10	Science and Spirituality: Complementary or Contradictory? (Competition essay)	15 (3 copies)	October 2002
11	Panosophy in five sentences	1	October 2002
12	Relational Logic in a Nutshell: Planting the Seed for Panosophy, the Theory of Everything	5	October 2002
13	Relational Logic in a Nutshell: Planting the Seed for Omniology, the Science of Everything	9	October 2002

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Realizing that it would take an immense amount of time and energy to produce a polished version of my magnum opus, the major focus of my attention after I moved to *Alternativbyn* was to write and publish a more accessible introduction to the entire work, with even shorter introductory articles and a publishers' blurb. I was very much focused on strategy, becoming increasingly aware of the evolutionary story that has led humanity to where our species is today.

In the summer of 2005, I spent four weeks in the UK promoting *The Paragonian Manifesto*. Three related conferences took place during this time: An SMN Mystics and Scientists conference appropriately called 'Healing the Split', a 'Be the Change' conference, and a meeting of the British Teilhard Association. In July, I gave a talk at the SMN Annual Gathering in Germany called 'Returning Home to Wholeness'. In just 20 minutes, I attempted to show how the business modelling methods of information systems architects could establish the scientific principle that Consciousness is Ultimate Reality. Sadly, this did not go down too well.

In 2006, I made two attempts to present our evolutionary story in presentations, first at a one-day seminar in London called 'Towards the Omega Point', kindly organized by Janice Dolley, the Director of the Wrekin Trust. Secondly, inspired by Sondra Ray, who I met at the 20th anniversary of the rebirthing movement in Sweden, I drafted a 13-part television series on our origin and destiny as a species. Sadly, however, neither of these initiatives led anywhere.

No.	Title	# pages	Date
14	The Mystical Society: Our Emerging Civilization	46	March 2003
15	An Alternative Economy for <i>Alternativbyn</i>	5	April 2003
16	The Mystical Society: Our Emerging Civilization, talk	1	May 2003
17	Towards the Awakened Society: Strategic Plan	6	March 2004
18	Introductions to Paragonian Fellowship and Business Academy	11	April 2004
19	Living Our Vision in <i>Alternativbyn</i>	13	November 2004
20	Healing our Sick Society	10	February 2005
21	Healing the Split in my Experience so Far	4	March 2005
22	Carrying Teilhard's Vision Forward	2	April 2005
23	The Future is Now + Review of book in Omnipedia	2	April 2005
24	Mind and the Ineffable Godhead article for religious journal	8	April 2005
25	My Search for Love and Peace	4	May 2005
26	Healing the Split in my Experience (article for SMN)	4	May 2005
27	Returning Home to Wholeness (SMN presentation)	53	July 2005
28	Returning Home to Wholeness (another SMN article)	8	July 2005
29	Healing the Split in my Experience (SMN again)	14	September 2005
30	Foundation and Framework of Sharing Economy	8	September 2005
31	Paragonian Foundation & Nordic Life University Evolving Business Plan	36	December 2005
32	Awakening to Timeless Evolution + Appendix on Mayan Calendar	48+4	January 2006
33	Awakening to Timeless Evolution Research Paper for the Nordic Life University	52	January 2006
34	Towards the Omega Point: Returning Home to Wholeness, slides	54	January 2006
35	Returning Home to Wholeness: A Brief History of Me	16	March 2006
36	Healing the Mind	8	April 2006
37	Relational Logic: An Integral Science of Reason How Evolution Has Become Conscious of Itself	11	June 2006
38	Our Evolutionary Story: A Proposal for a Television Series	2	July 2006
39	Our Evolutionary Story: Synopsis for TV series	26	August 2006
40	Relating to the World (unfinished)	23	September 2006
41	Awakening to Total Revolution through Love, Consciousness & Intelligence	66	November 2006
42	The New Humanity	2	November 2006
43	The Ocean of Consciousness Coherent [plastic/cardboard] model of the Universe	4	November 2006
44	The Unified Relationships Theory: Healing the Fragmented Mind	16	December 2006

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Feeling utterly alone in the world, 2007 began with a wonderful gift from Eva Gundberg, who I had met the previous year. Eva, an obstetrician, who lived in Caracas, arranged for an English astrologer friend of hers in Venezuela to interpret my natal chart knowing only my time and place of birth. Miraculously, from the other side of the pond, Gill was 95% accurate in describing my life's mission, saying that the following three years would be the most creative of my life.

I was thus inspired to do some deep soul-searching to discover where my power as a man lay, a process I had begun the previous autumn with an extended essay called 'Awakening to Total Revolution', inspired by Vimala Thankar's book *Spirituality and Social Action*. Completely detached from the world, it was not difficult to find that my power lay in the bliss of Wholeness that I had been enjoying for many years, expressed through Integral Relational Logic, which provided me with the Cosmic Context, coordinating framework, and secure Gnostic Foundation, not only for my own life, but for everyone else's too.

However, finding the cure for my malaise was one thing, applying the remedy quite another. Feeling a growing confidence, I began by converting my book from FrameMaker to Word, but it wasn't until the end of the year that I completely restructured the book, making IRL and the URT Parts I and II, the logical sequence.

But before I had the energy to revise the content of these chapters, two other writing projects preoccupied me. First, Nukunu, one of my former spiritual teachers, asked me to edit two books: a commentary on the *Gospel of Thomas*, called *Words of Fire*, and his autobiography. I wrote a foreword for the former, which was well received. Secondly, the conflict in *Alternativbyn* had reached the law courts without a clear understanding of how the property at the centre of the conflict was purchased and of the financial history of the community. So, inspired by John Lennon's 'Imagine Peace', I set out to present the accounts in as clear a way as possible, quite a task, for they were in the most dreadful mess.

No.	Title	# pages	Date
45	Natal Chart for Paul Hague, interpreted by Gillian Day	13	January 2007
46	Letter to Gillian Day	10	January 2007
47	Awakening to Total Revolution A Strategy for Change	14	January 2007
48	The Unified Relationships Theory: Healing the Fragmented Mind Guide and Synopsis	24	January 2007
49	Who Am I?	2	February 2007
50	Relating to the World	3	February 2007
51	Living at the End Times	1	February 2007
52	A Change of Direction	4	March 2007
53	Knowing Oneself	4	March 2007
54	Knowing Oneself	8	March 2007
55	Awakening to Ourselves: A Cultural Revolution	18	April 2007
56	Living at the End Times (unfinished)	13	April 2007
57	Ultimate Reality: A Unifying Perspective (unfinished)	14	May 2007
58	Integral Relational Logic: Healing the Fragmented Mind Book proposal	10	May 2007
59	Some Reflections on Wholeness	2	June 2007
60	Relating to the World	6	July 2007
61	To Whom It May Concern	6	October 2007
62	Human Evolution	16	October 2007
63	Foreword to Nukunu's <i>Words of Fire</i>	4	January 2008
64	Imagine Peace, in Swedish	44	January 2008

The major challenge in 2008 was to bring my books up to date within the new structure, reflecting a growing awareness of my rapidly expanding and deepening consciousness, within the overall context of Wholeness or Consciousness, which never changes. Not having a clear understanding of who my readership might be, I posted Parts I and II of what was now titled *Wholeness: The Union of All Opposites* on the web site for the Paragonian Foundation. I also posted a more polished version of my autobiography on the Internet, for without complete openness and honesty, none of us can realize our fullest potential as human beings.

However, I was becoming increasingly aware of the psychological challenges of marketing *Wholeness*, writing an essay to this effect. Even though the URT contains a comprehensive model of the psychodynamics of society, it is only when this model is understood through self-inquiry, totally free of the past, that it can be accepted by society at large, a tricky chicken and egg situation. Nevertheless, the creative energies that were, and still are, constantly pouring through me gave me no choice but to continue writing, even if almost no one would read the book that was emerging.

I was greatly helped in this respect by receiving an invitation from Nukunu to join him on a retreat in the Altai Mountains in Russia in the summer as a thank you for editing his books. While there, I took the opportunity to look carefully at the differences and similarities between mystics like him, teaching in the language of the East, and my own mystical experiences, which had arisen from Western mathematics, computer programming, and information systems modelling methods in business. Suddenly, on the first morning, I found the answer I had been looking for, drawing three different ontogenetic paths in my notebook, utterly life changing.

Inspired by what was, for me, a visit to Paradise, one possible location for the Tibetan Shambhala, I set out to write Part III of my book called 'Returning Home to Paradise'. The purpose was to describe how evolution had carried humanity into Paradise and out again and how we all might return to Paradise before *Homo sapiens sapiens* becomes extinct. At first, this was really great fun to write. But in the following year, it became more and more depressing when I began to describe events during the last three centuries as the divergent powers of evolution carried Western civilization further and further away from Reality. Despite all the enthusiasm I see around me for a new age, new civilization, and new species, this tricky issue is not easy to resolve, not the least because it requires yet another change of direction, or more accurately, a completion of the healing process I began around 2000.

To help this along, in the summer of 2008, I upgraded my complete computer system, as my old one was becoming increasingly unreliable, most discouraging. This was funded by a tax-free lump sum I had received the previous year from the pension due to me from working for IBM in London in the 1960s and 70s. It is interesting to note that even though IBM seems unwilling to open its eyes to see why its scientists and technologists are driving the pace in change in society exponentially, the company has actually been funding much of my research during the past three decades.

65	The Ultimate Secret	14	January 2008
66	Paragonian Foundation: Healing Our Sick Society	2	January 2008
67	Wholeness: The Union of All Opposites, (Publisher's blurb)	2	January 2008
68	e-mail to global organizations	2	January 2008
69	Psychological Marketing Issues for <i>Wholeness: The Union of All Opposites</i>	28	April 2008
70	Imagine Peace, Addendum	7	May 2008
71	Addendum to autobiography	18	August 2008

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As Part III of *Wholeness* grew to be longer than Parts I and II combined, my creative energies dried up in the spring of 2009 as I reached the birth of the banking system in the seven billion-year evolutionary story that I had been narrating during the previous autumn and winter. We were in the middle of a global financial crisis, much as I had been predicting for thirty years, but no one on Earth understood why this was happening and therefore how we could resolve the crisis.

IRL and the URT show how the Universe is designed, so we could, in principle, cocreate a peaceful society living in harmony with the fundamental laws of the Universe. In practical terms, we need to put first things first, by looking at our business affairs through the modelling methods of information systems architects, rather than through the financial models of economists and accountants. Of course, if such a harmonious society were ever to emerge, this could only happen through a total transformation of consciousness, which would require an epoch-making scientific revolution to bring about.

So inspired by a television documentary on Einstein's Unfinished Symphony, I set out to develop a strategic plan to complete the scientific revolution that the Institute of Noetic Sciences (IONS) was promoting. This meant backing away from the creative process, focusing attention on producing a highly polished product that we could bring to the marketplace. So first, I set about the mammoth task of converting the entire book back into FrameMaker under Windows under Mac OS X on the Intel iMac that I had bought the previous year. This was essential, for FrameMaker is really the only product that can handle the complexity of *Wholeness* with its many endnotes, cross references, indexes, and other navigational aids.

Then in November 2009, I attended a one-day conference in London organized by the Scientific and Medical Network called 'Infinite Potential: The Legacy of David Bohm'. Sadly, none of Bohm's closest associates, who gave presentations, mentioned that the central theme of his work was to heal the fragmented mind in *Wholeness*, the subject of an extended essay I had written the month before. The conference took place on the very same day that CERN's 4.4 billion-dollar Large Hydron Collider (LHC) was switched on searching for a fundamental particle. I had known since I was sixteen that such a quest is absurd, so was inspired to define Project Heraclitus as the scientific project that would establish Consciousness as Ultimate Reality.

No.	Title	# pages	Date
72	Living at the Omega Point of Evolution	18	May 2009
73	Completing Einstein's Unfinished Symphony	5, incomplete letter to BBC	May 2009
74	Making Peace on Earth	8	June 2009
75	Awakening to Total Revolution	6	June 2009
76	Healing the Fragmented Mind	2	July 2009
77	Completing the Scientific Revolution: Strategic Plan	14	July 2009
78	Completing the Scientific Revolution, Addendum	4, incomplete	July 2009
79	The Principle of Unity	2	July 2009
80	Relating to the World	8, incomplete	July 2009
81	An Unprecedented Situation	3, incomplete	July 2009
82	Healing the Fragmented, Split Mind	100	October 2009
83	In Gratitude to David Bohm and J. Krishnamurti	6	November 2009
84	Completing the Scientific Revolution, Addendum	2	November 2009
85	The Central Issue of Our Times	2	November 2009
86	Unifying Science and Mysticism	1	November 2009
87	The Two Dimensions of Time	2	November 2009
88	Evolution, Involution, and Revolution	2	November 2009
89	Opening up the Soul	2	November 2009
90	Project Heraclitus, initial	2	November 2009
91	Reflections on the Legacy of David Bohm	8	November 2009
92	Distribution notes for Part III of <i>Wholeness</i>	20	December 2009
93	A Holistic View of the Universe	4	December 2009
94	Staying Motivated, Staying Focused	1	December 2009

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Inspired by Project Heraclitus and the great global crisis, at the beginning of 2010, I went right back to business basics. I realized that I could not establish my credibility as a scientist as a panosopher. Rather, my authenticity could only be based on my profession as an information systems architect, a specialist who is a generalist, not unlike my doctor, who calls herself ‘*specialist i allmänmedicin*’, a general practitioner in England. For me, an information systems architect, in the way I use the term, is a true natural philosopher, in the root meanings of these words. So, realizing that *Wholeness* did not include a statement of the business management and modelling problem that I had been wrestling with thirty years earlier, I wrote a new preface to Part I, transferring text from my autobiography.

Continuing with my endeavours to present myself as a credible scientist, I then wrote another extended essay called ‘Mapping the Universe’, the most technical summary of the treatise that I was writing. Much of this has now been transferred to Chapter 1 ‘Starting Afresh at the Beginning’ and other chapters.

Then in the summer, wanting to explore further the fascinating relationship between Tycho Brahe and Johannes Kepler during the first scientific revolution, I visited Tycho’s observatory on the island of Hven in Öresund between Sweden and Denmark. I then spent several months creating a holistic picture from several commentaries and biographies and Kepler’s own writings, greatly extending this section in the chapter called ‘The Evolution of the Mind’ in Part III, great fun. For I learned that Kepler was the true hero of the first scientific revolution, much guided by his spiritual, almost mystical, awareness.

During the summer and autumn, I also produced a reasonably polished version of Part I on ‘Integral Relational Logic’, the source of all my power as a rational being. Empowered by this, I then wrote a 20-page proposal for Project Heraclitus, sending copies to the leaders of IONS and SMN. But even after attending a select symposium in Scotland on ‘Consciousness and Nonduality’, I received no substantive support. Thinking that maybe Project Heraclitus was too ambitious, I then drafted a proposal for another project to establish psychology as the primary science, replacing physics and biology. But it seems that this transformation is even too much for spiritual psychiatrists and psychologists, who were far too busy with their own projects to focus attention on the central issue of our times.

No.	Title	# pages	Date
95	We Are All One	4	January 2010
96	Positioning Wholeness in History of Ideas	4	March 2010
97	Positioning Wholeness in History of Ideas + covers	4 +2	March 2010
98	Mapping the Universe	52	April 2010
99	Project Heraclitus: Strategic plan	6	May 2010
100	Finding Love and Peace in a Sick Society	2	June 2010
101	Finding Love and Peace in a Sick Society	6	June 2010
102	Being Wholeness	2	June 2010
103	The Two Dimensions of Time	4	June 2010
104	Project Heraclitus (for IONS and SMN)	20	November 2010
105	Revealing the Hidden Harmony (for Cawdor)	1	November 2010
106	Revealing the Hidden Harmony	1	November 2010
107	Project Aditi for SMN	5	December 2010
108	Project Aditi, evolving	6	January 2011

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Something was clearly wrong with this goal of completing today's scientific revolution. Evidently people were continuing to reject my proposals, as they have been doing for sixty years, because I was not being true to myself, because what I was doing didn't feel right within. This became crystal clear during the winter, as I sought to write a new first chapter in Part II on 'A Holistic Science of Causality', transferring text from working papers that I had written in the early 1980s.

For despite my intentions at the beginning of the century, I have still been playing society's game according to its rules, not being true to the Divine Essence that I share with everyone else. As my friend Elenka has reminded me, I am at heart a mystic, like everyone else on Earth. It is only when we can all honestly say "I am Love," "I am Consciousness," "I am Intelligence," "I am Oneness," "I am Wholeness," or many other statements that denote the Divinity of all beings that we can really resolve the great psychospiritual, ecological, and economic crisis we all face today.

So the only thing that makes sense to me is to live my life from the depth and breadth of my being and hence of the Universe. To this end, in February 2011, I wrote several one-sheet essays as expressions of Wholeness, arising directly in the vertical dimension of time. For what I have to say is so simple, it requires very few words to say so—in the Eternal Now.

What these essays have confirmed for me once and for all is that I am not in the communications business, for time and space do not exist in Reality. I am all-inclusive Consciousness, embracing the individual consciousness of all beings in the Universe. So the notion that there are separate senders and receivers in communications is a violation of Wholeness arising from the egoic fragmented mind. All I am doing in my writing is expressing Wholeness, just like us all in our creative activities, such as Mozart writing divine music. As we are all Wholeness, we simply act as mirrors for each other, uniquely expressing what we all share in common: the Divine Cosmos.

From this holistic, healthy perspective, there are no problems to be solved in society, no questions to be answered. Whether we are in transition from one social structure to another is irrelevant in the overall scheme of things. The belief that we are arises from anxiety and hope for 'better' times, from the unwillingness to accept and surrender to 'what is'. So even Vimala Thakar's notion of Living in Wholeness through Total Revolution is a violation of Wholeness.

As David Bohm said to me around 1985, there is no paradigm shift taking place today for Wholeness is not a paradigm, meaning 'pattern'. During the first scientific revolution, nothing really changed, for the Sun was the centre of the solar system both before and after. Similarly, Immortal Consciousness has always been Ultimate Reality. So in recognizing this fundamental fact, nothing really changes. Only our conception and perception of God and the Universe changes, as we come to discover what it truly means to be a wholesome human being, totally free of our mechanistic conditioning.

Despite all these reflections on Wholeness, I am an individual wave on the vast Ocean of Consciousness as well that the Ocean as a whole. So during 2011, I continued to explore how I could make a worthwhile to humanity during these momentous times we live in. In that summer, I wrote a reasonably complete chapter in my book called 'The Prospects for Humanity'.

In June, I also learned that my application to give a presentation at the Science and Nonduality conference on 'The Edge of Time' had been accepted. As it is very difficult to present a lifetime's work in just a 20-minute speaking presentation, I prepared a poster presentation 8 x 4 feet (2,438 x 1,219 mm). As a follow-on to the presentation, I updated my proposal for Project Heraclitus and wrote an extended essay on 'The Singularity in Time', inspired by an essay with a similar title by Peter Russell.

An American friend of a neighbour also introduced me to Indra's Net in Huayan Buddhism and Fazang's essay on the Golden Lion from the seventh century. Amazingly, Fazang's cosmology is essentially the same as that which has been revealed to me from my synthesis of David Bohm's

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theory of the Implicate Order and Integral Relational Logic, leading to a one-sheet essay called ‘Who Are We?’

As my primary purpose on presenting at SAND was to find people able and willing to help me complete the revolution in science currently taking place, I prepared a one-sheet flyer on how we could complete the convergence of science and ancient wisdom, the overall purpose of the SAND conferences, as stated on their flyers. In response to speakers’ thoughts on the first couple of days, while in California, I also wrote a short piece on how I could make connections with some of the speakers with this end in mind.

However, this did happen in the manner in which I had hoped. Rather, I began a dialogue with Newcomb Greenleaf on mathematics and culture, following his presentation on this subject, with particular reference to the sacred mathematics in Japan in the seventeenth to the eighteenth centuries. This led me to write a response to an essay he had written on the subject and also to some comments he had made to my essay on ‘The Singularity in Time’.

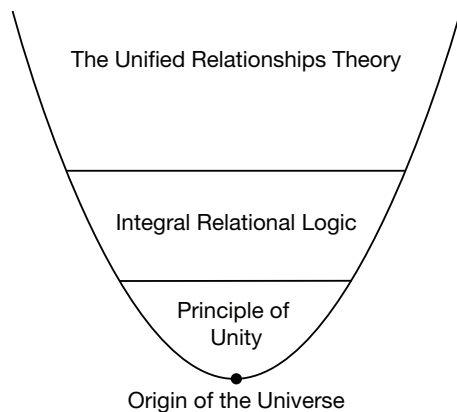
No.	Title	# pages	Date
109	Seven Expressions of Wholeness	2	February 2011
110	Human vis-à-vis Artificial Intelligence	2	February 2011
111	Healing the Fragmented Mind in Wholeness	2	February 2011
112	Our Evolutionary Story in a Nutshell	2	February 2011
113	Society and the Individual	2	February 2011
114	Returning Home to Paradise	2	February 2011
115	Revealing the Hidden Harmony: The Innermost Secret of the Universe	2	February 2011
116	The Challenge of Publishing <i>Wholeness</i>	2	February 2011
117	Project Heraclitus: Production, Editing, and Marketing Plan	2	February 2011
118	Maps and Territories: Understanding Humanity’s Place in the Overall Scheme of Things, Where We Have Come from, and Our Ultimate Destiny as a Species	2	March 2011
118A	Integral Relational Logic in a Nutshell	1	March 2011
119	The Meaning of Life, Introduction	8	April 2011
120	The Meaning of Life, incomplete overview	8	April 2011
121	Being and Truth: An Etymological Study	6	April 2011
122	Project Heraclitus: Synergistically Accelerating the Convergence of Science and Ancient Wisdom	24	August 2011
123	The Singularity in Time: The Omega Point of Evolutionary Convergence	40	September 2011
124	The Two Dimensions of Time, poster presentation	1 sheet	September 2011
125	The Two Dimensions of Time, handout	8	September 2011
126	Being and Truth: An Etymological Study, revised, less personal	6	September 2011
127	Who Are We?	2	September 2011
128	Completing the Convergence of Science and Ancient Wisdom	2	October 2011
128A	Building Connections at SAND	2	22 Oct 2011
129	Mathematics and Culture, reply to Newcomb Greenleaf’s essay on same subject	4	October 2011
130	The Singularity in Time, response to Newcomb’s comments	10	November 2011

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Following the disappointment of the SAND conference, in December 2011 I went deeply into myself to look for the root of my power as an androgynous human being. I realized that this is the Principle of Unity, the fundamental design principle of the Universe. So I set out to write a new essay with this end in mind. It took two or three months before the structure and content of what has become a 200-page summary of my life’s work began to emerge.

I was helped in this process when I discovered in January 2012 that the John Templeton Foundation was funding a competition on the theme ‘Breaking New Ground in Science and Religion’, apparently right up my street, as this had been the central theme of my life for the previous sixty-two years. So I made a new proposal for Project Heraclitus within the very limited number of characters that were available on their website. While the Foundation had previously restricted their funding mainly to mainstream physicists and Christians, the invitation for proposals indicated a broadening of policy. However, not broad enough, for they rejected my proposal, which was actually a bit of a relief. If I had become involved with them, it would have undoubtedly limited my freedom of expression.

While struggling to bring all my thoughts into order in the winter of 2012, I read a biography of George Boole and a remarkable letter by his wife Mary showing that while Boole was the first to represent logic in mathematical signs, he was also the first to attempt to bring logic into psychology, mostly ignored by his contemporaries and even most today. This led me to see that while I had been promoting psychology as the primary science since attending a select symposium on Consciousness and Nonduality in Scotland in November 2010, it is actually IRL that is the primary science of thought and consciousness that underlies all the others. This, in turn, led me to realize that what I had been engaged in for the previous thirty-two years was a design for a brand-new Universe, encapsulated in this simple diagram. So I wrote a one-sheet flyer showing how incredibly simple the Universe is.



Returning to my new treatise with renewed strength, I focused attention on presenting this to Martin Rees, who in *Our Final Century: Will the Human Race Survive the Twenty-first Century?* could see immense dangers from the misuse of computer science as well as physics and biology. He was particularly concerned with the predictions being made by Ray Kurzweil, Vernor Vinge, and Hans Moravec that within a couple of decades the so-called artificial intelligence of computers would exceed human intelligence, with devastating psychological and economic consequences. I wished to assure him, and others, that this will not happen. For human beings are the leading edge of evolution, not machines, like computers.

Having completed this treatise, which answers the big questions of human existence, “Who are we?” “Where have we come from?” and “Where are we going?”, I felt more at Peace than at any time in my life. I had written in one document, albeit with a rather eccentric organization, a summary of all the key issues I had been exploring since I was eight years of age. I accordingly wrote down a few reflections on my life’s journey, giving me the inner strength to become completely healed in body, mind, and spirit.

No.	Title	# pages	Date
131	Designing a Brand-New Universe	2	March 2012
132	Proposal for Project Heraclitus for John Templeton Foundation + CV	16	April 2012
133	The Principle of Unity: Living Intelligently and Peacefully at the End of Time	204	May 2012
134	Reflections	2	June 2012